

Always Best Dementia Care Program

HELPING YOUR FAMILY LIVE BETTER WITH DEMENTIA

At Always Best Care, we understand how challenging it can be to care for someone living with dementia. That's why we've developed the Always Best Dementia Care Program - a comprehensive and compassionate approach to dementia care, helping your family member live safely, meaningfully, and comfortably at home.



A HOLISTIC, PERSONALIZED APPROACH

Unlike traditional programs that focus solely on caregiver training, our approach centers on the entire family and the individual needs of the person living with dementia. Our care starts with an in-depth assessment to create a plan that builds a “Meaningful Day” - a balance of essential activities, wellness, enjoyment, productivity, and recuperation.

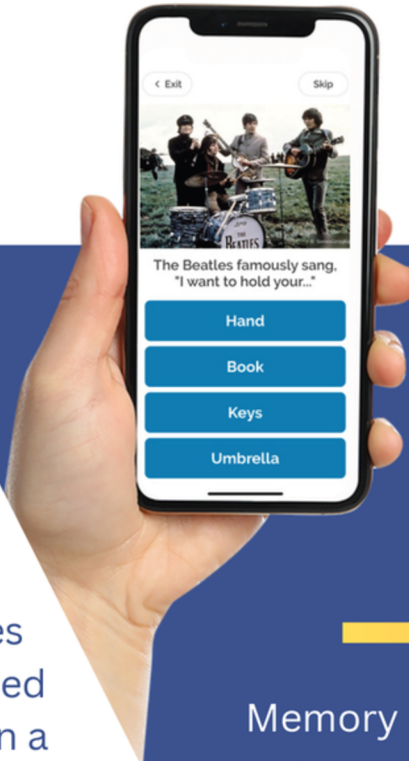
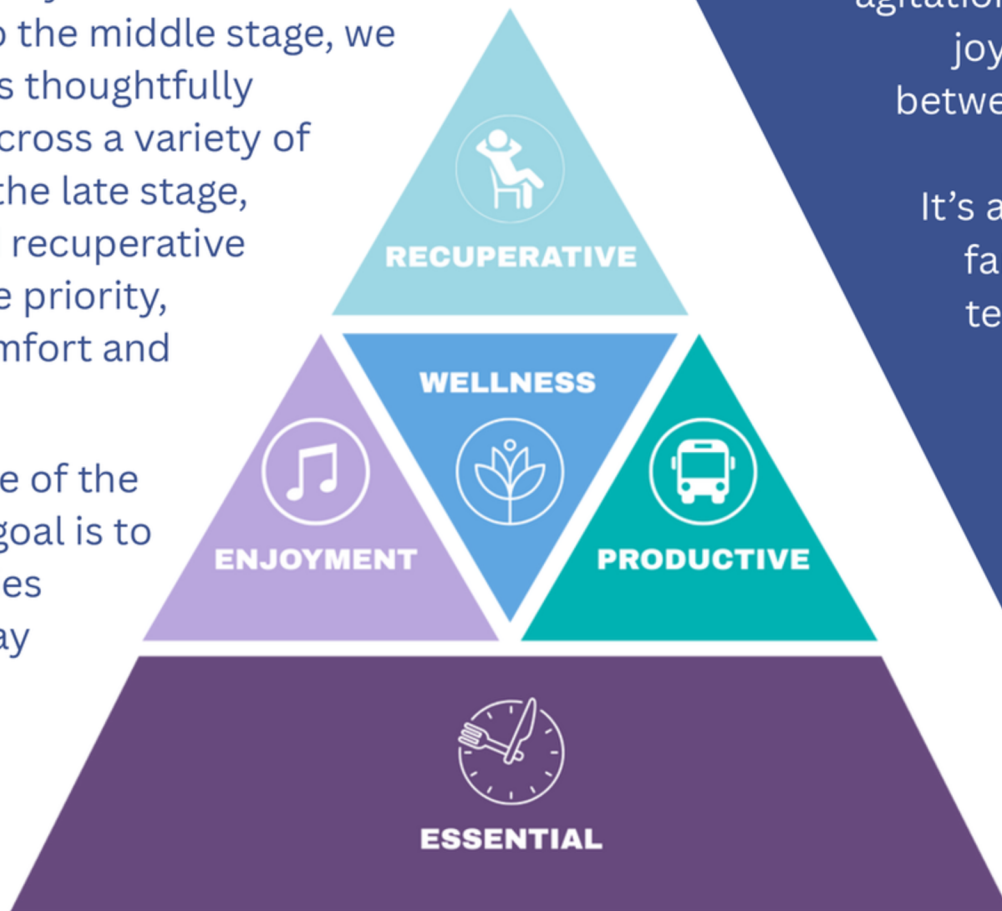
We also assess you, the family caregiver, with a targeted stress assessment. This allows us to identify challenges and equip you with tools to better understand and manage behavioral changes.

CREATING A MEANINGFUL DAY

During our assessment, we take the time to truly understand the person living with dementia, including the activities and hobbies they currently enjoy or have enjoyed in the past. This allows us to design a personalized Meaningful Day that evolves as their needs change.

In the early stage of dementia, we focus on maintaining a balanced day that promotes enjoyment, wellness, and productivity. As the condition progresses to the middle stage, we ensure time is thoughtfully distributed across a variety of activities. In the late stage, essential and recuperative activities take priority, providing comfort and support.

At every stage of the journey, our goal is to adapt activities to create a day that brings purpose, connection, and fulfillment.



ENGAGE WITH MEMORY LANE GAMES

Memory Lane Games is an easy-to-use app designed specifically for individuals living with dementia. With familiar images, simple quiz-style questions, and a focus on reminiscence, the app helps spark memories, reduce agitation, and promote joyful connection between clients and caregivers. It's an ideal tool for families and care teams to engage, comfort, and connect with seniors at home or in care communities.

HIGHLY TRAINED CAREGIVERS YOU CAN TRUST

At Always Best Care, we invest in top-tier caregiver training to ensure your family receives the highest level of care.

We supplement the online training with micro-learning videos produced by UCLA Health which are focused on Alzheimer's and dementia care.



WHY CHOOSE US?

With the Always Best Dementia Care Program, you get more than care - you gain a trusted partner. We combine compassion, professionalism, and innovative tools to help your loved one live well with dementia and to provide you with peace of mind.

Contact us today to learn how we can support you and your family.

**Contact
Us Today**



Always Best Care Calgary NW



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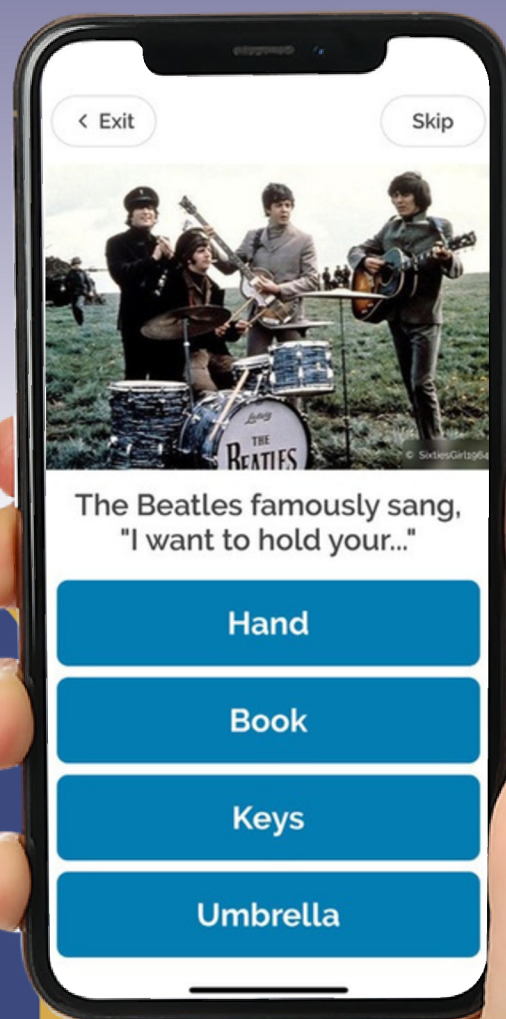
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Memory Lane Games is a frustration-free app which consists of games specifically designed to stimulate visual reasoning, memory and speech centers of the brain.

Playing the app's games on topics of interest is simple and triggers positive memories, conversation and reminiscence.

The effect is calming, settling and reassuring for someone living with dementia or Alzheimer's and enjoyable for the caregivers too!

- Over 3,000 games available
- Always have something to talk about
- Unlock joy, laughter & connection
- 83% of caregivers said the app made the person with dementia laugh
- Share memories & make new ones to treasure
- Bring family together



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Ready to play?

- Download "Memory Lane Games Pro" by going to the Apple App Store or Google Play on Android. You can also scan the QR code.
- Enter the unique access code we provide to download.
- Add a new profile for your loved one called 'first name, last initial, family'. (eg. Harry P Family)
- Choose from dozens of categories.
- Play and connect over the games!
- Short training videos are available if you click on your user profile and then click on the gear icon. Scroll down to Engagement "Top Tips".
- We can make personalized games too! We can send a link which allows you to submit pictures to develop a personal game with familiar faces. Ask how!



Download now!



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