



Holiday Care Planning Guide for Client Directed Home Care Invoicing Families

Celebrate the holidays with peace of mind by building a thoughtful senior care plan that blends family involvement, professional support, and winter safety.

This guide walks [Client Directed Home Care Invoicing \(CDHCI\)](#) families through seasonal planning, activity adaptation, and collaboration tips for the best possible outcomes.

Assessing Needs and Planning

- Review your loved one's physical, social, and emotional needs.
- List medical appointments, medication schedules, and any special dietary preferences.
- Determine family member availability, create a calendar for visits, calls, and outings.

Worksheet

| Care Coordination | Who's Responsible | Date/Time | Notes |
|-------------------|-------------------|-----------|-------|
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| | | | |
|------------------------|----------------------------|---------------|-------------------|
| Medical Appointments | Daughter | Dec 14, 2 pm | Arrange ride |
| Grocery Shopping | Always Best Care Caregiver | Dec 11, 10 am | Winter gear ready |
| Video Chat with Family | Son | Dec 25, 4 pm | Set up the iPad |



Winter Safety Essentials

- Schedule a [home safety walkthrough](#) (clear pathways, secure rugs, test heating).
- Prepare emergency contact list and medication inventory.
- Review winter clothing and outdoor gear; plan transportation for outings.

Safety Checklist

- Walkways shovelled and de-iced.
- Emergency contacts are posted near the phone.
- Carbon monoxide detector checked.
- Extra blankets and warm clothing are available.



Holiday Activities & Engagement

- Choose inclusive activities (holiday crafts, music sessions, baking, reminiscence storytelling).
- Plan outings for light displays, accessible trail walks, or senior-friendly local events.
- Create memory books or video messages to share with distant family.

Activity Planner Example

| Activity | Date | Who's Involved | Supplies Needed |
|----------------------------|--------|----------------------|-----------------------|
| Holiday Baking Cookie | Dec 18 | Grandkids, Caregiver | Ingredients, aprons |
| Crafting Cards Greeting | Dec 20 | Senior, Daughter | Paper, pens, stickers |
| Drive-through Lights | Dec 23 | Senior, Son | Car, blanket, cocoa |

Family Communication & Emergency Prep

- Hold a short family meeting (in-person or virtual) to clarify roles, share updates, and address concerns.
- Establish a check-in schedule for stress and mood changes.
- Confirm everyone knows the emergency plan, hospital contacts, key documents, and rides.



Care Mapping and Client Directed Home Care Invoicing Optimization

- Use your provider's online tools or consultation services to match care hours to priorities (personal care, companionship, specialized visits).
- Discuss flexible shift scheduling with Always Best Care of Calgary NW to meet changing family needs through the holidays.

Final Tips

- Stay flexible with plans; focus on comfort and accessibility.
- Ask seniors for input to personalize holiday moments.
- Promote self-care for family caregivers; balance participation and rest.

Frequently Asked Questions

Q: How do I coordinate Client Directed Home Care Invoicing services over the holidays?

A: Contact your care coordinator for schedule planning. Build a digital or paper calendar integrating Always Best Care support and family involvement.

Q: What activities are most senior-friendly in NW Calgary during winter?

A: Crafting, light tours, reminiscence sessions, or local low-mobility events are popular, see resource ideas above.


Q: Who can help with snow removal and transit?

A: Always Best Care of Calgary NW can recommend volunteers and service networks like [Snow Angels Canada](#), plus assist with ride bookings.

Q: Are emergency plans important for holiday care?

A: Yes, ensure all family and caregivers know emergency contacts and home safety steps.

For more help, contact us at:

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 <https://alwaysbestcarecanada.ca/calgarynw/>

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