



CDHCI Budget Maximization Worksheet & Planning Tool

Making smart decisions about your [Client Directed Home Care Invoicing budget](#) in Edmonton, St. Albert, Sherwood Park, and the surrounding areas is easier when you have clear steps, gentle prompts, and practical templates.

This worksheet is designed to support families as they balance care, finances, and peace of mind for loved ones.

Monthly Care Budget Snapshot

What's My Care Budget?	Amount
Monthly budget for home care	
Fixed costs (medications/supplies)	
Subtract fixed costs:	
Remaining for care hours	

Write down your available budget. Subtract fixed care costs to see the total remaining for CDHCI hours.

Service Prioritization Checklist

Service Needed	Must-Have	Nice to Have	How Often?
Personal care			
Meal preparation			
Companionship			
Exercise support			
... Add yours			

Check what you absolutely need, what's optional, and note the frequency (daily, weekly, or as-needed).

Hourly Scheduling Planner

(Mark below for each day and time slots when support is needed most)

Day	Morning	Midday	Afternoon	Evening	Total Hours
Mon					
Tue					
Wed					
Thu					
Fri					
Sat					
Sun					

Reflect on times when your loved one needs the most support. Cluster services during peak times to save budget and maximize value.

Savings Tracker

Cost-Saving Opportunity	Amount Saved	Notes
Bundled services discount		
Unused/reallocated hours		

Seasonal/coupon savings		
Other		
Total Savings This Month		

List every way you saved, even small wins! Celebrate your effort, and share these notes with Always Best Care at your next review.



Next Steps & Family Conversation Prompts

Action Items for Next Month

- Try a new approach to service scheduling.
- Ask about bundling or discounts.
- Schedule a budget review call with Always Best Care of Edmonton.
- Update frequency or type of services.
- Invite family member(s) to join the planning process.
- Other _____

Family Discussion Starters

- "Do we need more support in any area?"
- "Are we happy with how our budget is being spent?"
- "What changes will reduce stress or help our loved one thrive?"

Questions for Your Care Team

- What additional services can we afford within our budget?
- How can we improve the hour management?
- Are there any upcoming discounts or promotions?



Need Help?

[Choosing the right CDHCI path](#) can feel overwhelming, but you're not alone. For clarity or step-by-step support through the AHS system, reach out to the team led by Owen Fregene at Always Best Care of Edmonton.

Contact us at:

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 <https://alwaysbestcarecanada.ca/edmonton/>

 <https://maps.app.goo.gl/UwJpeEdXR9DTK4Hb7>